

Sacred Relationships

Techniques you can use now

The Seven Essene Mirrors to Relationships

We live in an Action Reaction World known as the Plane of Demonstration where Consciousness Creates Reality. We manifest and magnetize people and events into our lives according to our consciousness. The Seven Essene mirrors is a way of understanding how this process works. We can use what seem to be negative experiences as stepping stones to healing and empowerment. "When life rolls boulders, build stairs."

FIRST MIRROR reflects to us that which we are. It is something we ourselves are doing or where we ourselves have been in error or wounded.

SECOND MIRROR reflects to us that which we judge. It is something we have an emotional charge with, something we have either been wounded by in the past and have not forgiven. It is good to discern; however if we judge and condemn with an emotional charge, we will attract exactly what we judge into our lives.

THIRD MIRROR reflects back to us something we Lost, Gave Away, or had Taken Away. When we see something we love and desire in another, it is often something we have lost, given away or had stolen in our own lives. Every relationship is a relationship with self and often we try to reclaim what was lost, we gave away, or had taken away as a child. It could be joy, innocence, honesty and integrity, courage or love. All of which can be reclaimed within self.

FOURTH MIRROR reflects back to us our most forgotten love. This could be a way of life, a lost or unfinished relationship. Often it is a past life where a wrong conclusion from past experience was created. These will recreate themselves over and over until the right conclusion is registered in the soul as wisdom.

FIFTH MIRROR reflects back to us Father/Mother. It is often said we marry our father or mother. We also often become them acting out the same healthy and unhealthy patterns we learned as a child. Our fathers and mothers to us as children are Gods. It will often reflect the same relationship we have with others and the Father/Mother God principle.

SIXTH MIRROR reflects back to us the Quest for Darkness or what is often referred to as the Dark Night of the Soul. This is when we meet our greatest challenges, our greatest fears and have been gathering the tools and understandings in life to confront them. God never gives one any more than they can handle and we have a choice in every experience to greet it as a powerful manifesting God/Goddess or a victim.

SEVENTH MIRROR reflects back to us our self perception. Others will perceive and treat us according to how we perceive and treat ourselves. If we have a low self-esteem and do not acknowledge our wisdom and beauty, others will not acknowledge them. If we are angry, bitter and unloving to others, they in turn will often react in the same way towards us. If we change our perception of ourselves, we change the world. Maybe it is time to be kind, loving and compassionate to ourselves and others. Remember the saying, "The only reason anyone has power over you is you want something from them?" Maybe that something whether it be love, joy, or a personal God connection can all be found from within?

Secrets to Sacred Relationships

"Always keep your heart in heaven."
"Love and allow!"

Unlike most relationships with attachment, unfulfilled desires, expectations, codependency's and confusion, Sacred Relationship transcends these challenges and it is where everyone is heading. Many know the old relationships and ways of interacting with each other are coming to a close yet have no idea what the new way or relationship is thus they are often left floundering in pain, suffering and confusion.

We can have love, compassion and even passion without attachment. We can have anger without hate, discernment without judgment and condemnation and expression without suppression. When we do not express due to fear of losing the love, acceptance, approval of another and suppress in denial, we create an energy block which can eventually end up in disease or when the dam breaks a burst of anger and resentment issues forth upon whomever is in the path. Expression without suppression, denial and insecurity also helps others to evolve by giving them the information they need to go forward.

If we truly desire a sacred relationship we must first take full responsibility for our own attitudes, emotions and actions. It is no longer appropriate to project, blame or make another responsible for our lives, the love, joy, happiness and even the abundance we are experiencing. There is a saying, "The only reason anyone has any power over you is because you want something from them."

Whether it be love, joy, acceptance, approval or even security, these are all attributes to be and not seek through others or outer experiences. Be love, joy and happiness. Accept and approve of yourself. Be secure within yourself and manifest your own abundance. Become sovereign and establish a sacred relationship with self. Love yourself enough not to participate in all the other dramas, especially those which another has not chosen to heal and go forward. Take the time necessary to heal yourself of any wounds, traumas and wrong conclusions from past experiences.

We live in an Action/Reaction world known as the plane of demonstration where consciousness creates reality. We magnetize people and events to us according to our consciousness. Is it not wise to first heal ourselves, love, accept and approve of ourselves and then magnetize people and events to us which are a reflection of our own self-love, self-acceptance, self-approval, as well as our own happiness and security?

The ultimate sacred relationship is to become one with the loving, joyous, wise and powerful manifesting God within and allow that love to flow through you unconditionally and unattached to others and all life. This is where we are all headed eventually.

For more information on how to heal the wounds traumas and wrong conclusions from past experiences which includes past lives as well, read these two articles [here](#) and [here](#) , or read about sacred relationships and the process in [*Becoming Gods 1 & 2*](#).

Copyright James Gilliland 2006 – 2008. All rights reserved.